



PHOTON 4 HEALTH

NEXT LEVEL LIGHT THERAPY

REDPOWER PRO - QUICK START EXPLANATION



Turn on the device and press anywhere on the home screen to open the **Infrared Only** and **Normal mode** selection menu. Are you treating on Infrared Only? Then the red LEDs and the green/blue/red lasers will be switched off. You will then only treat with the infrared LEDs and infrared lasers. Useful for a night treatment or for people who are sensitive to light or flashes of light. Most of the time, however, you will treat on the **Normal mode**. Press it to select options.

By default, the light intensity is set to 2 out of a maximum of 3 and the time to 10:00 minutes with the brain wave stimulation program **BASIC ALPHA**. This is because a treatment routine always starts with 10 minutes of treatment on the back of the head, after which we treat the face for 10 minutes. (Of course, you can also choose a different brain program by clicking on one of the other 5 programs on the right). Press **START** to start your 10-minute treatment cycle.



After 10 minutes of treatment on the back of the head and 10 minutes on the forehead, we treat the abdomen for 10 minutes. The light can now be set to strength 3 by using the arrow keys to change the number 2 to 3 at Energy. For treatments that do not take place on the head, such as the abdomen. It is not necessary to have a brain program turned on. Click once on **BASIC ALPHA** (or the brain program that is turned on at that moment) to turn off this function so that no brain wave program is colored light blue anymore.

Brainwave stimulation programs

DELTA SLEEP	=	<i>Promotion of deep Delta sleep</i>
THETA DREAM	=	<i>Promotion of dream sleep and deep meditation</i>
SLOW ALPHA	=	<i>Promotion of deep relaxation/meditation</i>
BASIC ALPHA	=	<i>For relaxation, cheerfulness and creativity, antidepressant</i>
FAST BETA	=	<i>Promotion of learning processes and concentration</i>
ACTIVE GAMMA	=	<i>Active brain stimulation for Dementia and Parkinson's</i>